

Selected gualifications

# Diplomirani športni trener (vs)/diplomirana športna trenerka (vs)

Selected qualifications	
Name of qualification	Diplomirani športni trener (vs)/diplomirana športna trenerka (vs)
Translated title (no legal status)	Bachelor of Applied Arts of Sports Training
Type of qualification	Diploma prve stopnje (VS)
<b>Category of qualification</b>	Izobrazba
Type of education	Professional bachelor's education
Duration	3 years
Credits	180 credits

Admission requirements	<ul> <li>Matura or</li> <li>vocational matura or</li> <li>final examination (prior to 1 June 1995) of any four- year secondary school programme.</li> <li>All candidates must pass the physical fitness test and submit at least one of the following: a) proof of at least five years of training or competing in the selected sport or</li> <li>b) proof of competitive achievements in the sport or</li> <li>c) proof that they have worked regularly as a sports coach for at least two years and have achieved quality results in the sport or</li> <li>d) proof of acquired professional qualification as a sports coach in the chosen sport.</li> <li>All applicants must provide a medical certificate and personal medical history and disclose information of serious injuries and illnesses and capacities for the increased physical and mental stress.</li> </ul>
ISCED field	Field Transport, varnost, gostinstvo in turizem, osebne storitve
ISCED subfield	subfield šport
	SQF 7

**Qualification level** 

EQF 6 First level

## Learning outcomes

The qualification holder are capable of:

(general competences)

- synthetic-analytical, creative thinking and problem solving,
- ethical reflection and commitment to professional ethics,
- cooperation and team work,
- developing communication skills,
- applying knowledge into practice,
- autonomy in professional work, (self-) criticism, (self-) reflection, (self-) evaluation and striving for quality,
- general knowledge, being able to communicate with experts from other professional and scientific areas,
- taking initiative/being ambitious, to have the values of continuous personal and professional improvement,
- having a sensitivity (awareness) for the natural and social environment, national culture, heritage, identity, multi-ethnicity and non-discrimination,
- basic information literacy skills and using IT,

- organisational and leadership skills in sport,
- time management and independent planning skills,
- being aware of social systems, in particular processes in sports,
- sensitivity/open mind to people and social situations,
- understanding developmental law, differences and needs of individuals,
- understanding the institutional framework of work,
- understanding individual values and value systems,

(programme-specific competences)

- understanding the areas of different sports,
- possessing coherent management of basic knowledge of sport training providing successful professional work and taking into consideration findings of borderline scientific areas in the process of training,
- successful and rational planning, preparing, organising, managing, evaluating, analysing and correcting the entire process of training,
- understanding and applying didactic principles in training in all age categories,
- following development trends of sports training, to obtain new information, interpretations and procedures, and to apply them in the process of modern training,
- respecting the principles of positive transformation of all dimensions of the psychosomatic condition of athletes,
- addressing training issues through rational, professional and research-based procedures,
- understanding the general structure of the training process in top-level competitive sport and its connection with its sub-disciplines,
- understanding and applying methods of critical analysis in the process of sports training and applying them in addressing specific problems at work,
- developing practical skills and skills in the application of knowledge directly during the training process and in organisational and management work in sports organisations,
- using ICT in the training process efficiently,
- discovering and encouraging athletic talent in children and young people,
- communicating with experts from related areas of expertise also present in sports in their essence (medicine, psychology, sociology, law),
- counselling and participating in educational programmes of amateur and professional personnel in sport,,
- participating in additional sports programmes in primary and secondary schools,
- cooperating and communicating with athletes, parents, clubs and the general environment

#### **Assessment and completion**

Students' knowledge is assessed by means of practical exercises and seminar papers, and also via products, projects, performances, services, etc. and by examinations. Examination performance is scored as follows: 10 (excellent); 9 (very good: above-average knowledge but with some mistakes); 8 (very good: solid results); 7 (good); 6 (adequate: knowledge satisfies minimum criteria); 5–1 (inadequate). In order to pass an examination, a candidate must achieve a grade between adequate (6) and excellent (10).

#### **Progression**

In order to advance from the first to the second year, students must complete the requirements of the

study programme in a total of 42 ECTS from the first year's courses.

In order to advance from the second to third year, students must complete all the requirements of the study programme from the first year (60 ECTS) and a further of 42 ECTS from the second year.

## **Transitions**

Second-cycle master's study programmes (SQF level 8)

## **Condition for obtaining certificate**

In order to complete the study programme students need to complete all the requirements and obtain at least 180 ECTS.

### **Awarding body**

University of Maribor, Faculty of Education

URL

https://pef.um.si/145/home