
Diplomant kineziologije (un)/diplomantka kineziologije (un)

Selected qualifications

Name of qualification	Diplomant kineziologije (un)/diplomantka kineziologije (un)
Translated title (no legal status)	Bachelor of Science in Kinesiology
Type of qualification	Diploma prve stopnje (UN)
Category of qualification	Izobrazba
Type of education	Academic bachelor's education
Duration	3 years
Credits	180 credits

Admission requirements

- Matura or
- vocational matura or
- final examination (prior to 1 June 1995) of any four-year secondary school program.
- All applicants must pass the admission procedure, i.e. the physical fitness and knowledge of sports test and submit a medical certificate including personal medical history and disclose all information about serious injuries and illnesses and abilities for increased physical and mental stress.

ISCED field

Field
Transport, varnost, gostinstvo in turizem, osebne storitve

ISCED subfield

subfield šport

Qualification level

SQF 7
EQF 6
First level

Learning outcomes

The qualification holder are capable of:

(general competences)

- team work and good communication,
- flexible use of knowledge in practice,
- acquainting with institutional requirements of the field of expertise (relevant legislation, professional organisation),
- obtaining knowledge of general educational, adult learning and didactic management strategies,
- familiarising with the code of ethics and expertise codes,
- general organisational skills,
- information literacy,
- communication in a foreign language,
- first-aid knowledge,

(programme-specific competences)

- understanding the anthropological and kinesiological foundations of sport,
- acquainting with the bio-psycho-social characteristics of individual age and gender groups,
- obtaining knowledge of the health aspects of physical stress,
- obtaining knowledge of the physiological aspects of physical stress,
- acquiring knowledge of the basic biomechanical aspects of physical stress,
- acquiring knowledge of the educational, adult learning and didactic aspects of exercise,
- planning, implementing and monitoring exercise in order to influence physical and functional abilities and physical characteristics of a healthy person,
- managing appropriate diagnostic procedures in the area of expertise,

- familiarising with the characteristics of healthy nutrition and advising on the use of nutritional supplements in combination with exercise and healthy lifestyle,
- producing a preventive exercise programme and participate in the rehabilitation of typical problems of the musculoskeletal system (obesity, pain in the lower back, knee, shoulder, ankle),
- understanding the basic characteristics of work and day-to-day stress,
- understanding general didactics of the physical education process,
- understanding physical and motor development,
- demonstrating and teaching individual motor and physical elements used in physical preparation,
- acquiring knowledge of regeneration methods after physical stress,
- organising and managing an exercise programme,
- educational management of individuals and groups during exercise,
- rescue from water techniques,
- work with modern exercise technologies,
- basic research work in the field of expertise.

Assessment and completion

Students' knowledge is assessed by means of practical classes and seminar papers, and also via products, projects, performances, services, etc. and by examinations. Examination performance is graded as follows: 10 (excellent); 9 (very good: above-average knowledge but with some mistakes); 8 (very good: solid results); 7 (good); 6 (adequate: knowledge satisfies minimum criteria); 5-1 (inadequate). In order to pass an examination, a candidate must achieve a grade between adequate (6) and excellent (10).

Progression

Students can progress from 1. to 2. year by accumulating 54 credit points in the first year.
Students can progress from 2. to 3. year by accumulating 60 credit points in the 1. year and 54 points in the 2. year.

Transitions

Second-cycle master's study programmes (SQF level 8)

Condition for obtaining certificate

Students need to complete all the requirements of the study programme according to the programme i.e. curriculum in the amount of 180 ECTS and produce a graduate thesis.

Awarding body

University of Ljubljana, Faculty of Sport

URL

<https://www.fsp.uni-lj.si/en/>
